

Parish of St. Thomas, Bramford Lane, Ipswich
Sunday 11th August 2019
Eighth Sunday after Trinity
8 am Eucharist
10 am Eucharist with Healing Ministry

Opening Hymn	15 All my hope on God is founded
Gradual Hymn	405 One more step along the world I go
Offertory Hymn	287 Just as I am
Communion Hymn	27 Amazing grace
Final Hymn	310 Lord for the years

*Please join us for refreshments after the service.
 Everyone is welcome!*

Please pray for:

Those who are sick: Mary, Eric Dickerson, Rosemary, Andrew Barfield, Alan Seeley, Kathy Steele, Adam, Natacha & Marianne, Keith Welham, Brother Kevin, Andrew Derrett, Frank D, Peggy, Joy, Roger Dunnett, Thomas Baker, Christine, John Godfrey, Freddie Davey, Rex Cory, Pat

Those who have died: In recent world conflicts and natural disasters. Those on the year's mind list this week.

Among those who have recently died: Ray Best



Please pray for our plans to offer an Alpha Course at St. Thomas from 25th September.



You are invited to join the St Thomas Pilgrim Community.

The next Prayer meeting will be on 19th August at 7.15 for 7.30 pm in the Vicarage. **Everyone is welcome.**

[facebook.com/St-Thomas-Pilgrim-Community](https://www.facebook.com/St-Thomas-Pilgrim-Community)

Next Sunday 18th August 2019
Ninth Sunday after Trinity
8 am Eucharist
10 am Eucharist

Dates for your Diary:

Sat 14th September – Historic Churches Cycle Ride
 Wed 18th September – PCC Meeting
 Wed 25th September, 7.15-9.15 pm – Alpha Course (Vicarage)

Birthdays: *No Birthdays this week*

Ladies Group, August 2019. No meetings
 Info: Contact Carole Groom tel. 464218

++++ THE PEW SHEET IS AVAILABLE ON THE WEBSITE ++++

Contacts:

Priest in charge: Revd Jutta Brueck
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Jutta's days off are: Fridays & Saturdays
Assistant Curate: Revd Cat Connolly m: 07530 412988
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Cat's day off: Mondays
Assistant Priest: Revd Lis Arnold m: 07788 855968
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www.facebook.com/stthomasipswich

Services and meetings during the week
12th - 17th August 2019

Monday	12th	NO 4.00 pm	Morning Prayer Evening Prayer (Vic)
Tuesday	13th	9.30 am 7.30 pm	Morning Prayer Meditation Group (Vic)
Wednesday	14th	NO 10.00 am	Morning Prayer (Vic) Eucharist
Thursday	15th	9.30 am 10.30 am 4.00 pm	Morning Prayer Active Lives Evening Prayer (Vic)
Friday	16th	10.30 am 11.00 am	'Foodcloud' Choir Practice
Saturday	17th		

FIND Update from Keith: "Thank you all for your continued generosity towards this deserving cause. In addition to food, FIND also accepts soap and other general personal toiletry items. They are now also taking good quality clean clothing, particularly children's clothes.

FIND are currently building new premises next to Gainsborough Sports Centre and need to raise somewhere in the region of another £200k.

Meanwhile, they remain at Hines Road. Maureen Reynel, who leads the operation, has expressed her gratitude, so please keep your gifts coming (no perishables, please). I will see that they are delivered."

There will be **no Monday or Wednesday morning prayers throughout August**. These will resume in September. Morning prayers on Tuesday and Thursday will continue as normal.

Archdeacon Rhiannon King will join us on **6th October at 10am** for our Sunday morning service, followed by lunch.

We are running an **Alpha course** at St. Thomas starting on **25th September**, an opportunity for those new to church (and not so new!) to discover what the Christian faith is all about. **Invitations are available on the welcome table – please give them to family/friends – it's okay to just come once to try the course. Pray for God to send people to join the course.**

Thank you to all who contributed to the Lent Appeal, supporting our sister diocese in **Kagera, Tanzania**. We are very grateful for your generosity and have raised **£360**.

ActivLives – Sing & Dance Yourself Happy! Every Thursday in the Community Room, 10:30-12:30 pm. Inclusive for all ability levels, whether standing, seated or supported. £5.00 per session, first session free for new members. Contact Lindsay or Gina for more information on 01473 345350 or visit www.activlives.org.uk.

From Canon Chris: The **olive trees** we sponsored are planted in Beit Jala, near Bethlehem. See the noticeboard for more information.

'Foodcloud' bags of food can be collected on Friday mornings, 10.30-12.00. On Sundays, food maybe available to take home – voluntary donations for FIND are welcome.

Stewardship Campaign 'Giving in Grace'. Thank you to everyone who has returned a pledge form – you can hand the form any time to Emma. It helps us to plan ahead for 2019.

Stewardship: Thank you to everyone who supports the mission of St Thomas Church through regular giving. We encourage people to give by **Standing Order** and now provide **small cards** on the welcome table for those who give by standing order **to put into the collection bag**. To find out more, please speak to Daphne Startup or Emma Knight